SAINT DOMINIC PARISH

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SEEDS FOR REFLECTION - Mind vs Heart

Every day, we feel the quiet tension between the mind and the heart. Both are gifts from God, both are necessary, and both shape the way we live our faith. Yet each speaks a different language.

The mind seeks clarity. It wants reasons, explanations, and plans. It asks, "What is the right thing to do?" The mind is analytical, cautious, and often protective. It helps us make responsible decisions, avoid harm, and think through consequences. Without the mind, faith can become sentiment without substance.

The heart, however, seeks connection. It feels compassion, longing, joy, and sorrow. It asks, "Who needs me right now?" The heart is generous, intuitive, and courageous. It moves us to forgive, to serve, to comfort, and to love beyond what seems reasonable. Without the heart, faith becomes cold, rigid, and distant.
Scripture never asks us to choose one over the other. Instead, it invites us to let the mind and heart work together. Jesus Himself embodies this harmony. He taught with wisdom that challenged the intellect, yet He loved with a tenderness that touched the deepest places of the human soul.

Think of the Beatitudes: "Blessed are the poor in spirit… blessed are the merciful… blessed are the pure of heart." These words speak to the heart, awakening compassion and humility. But they also challenge the mind, asking us to rethink what true success, strength, and blessing really mean.
St. Paul, too, reminds us that faith is not blind emotion nor cold logic. He writes, "I have fought the good fight, I have finished the race, I have kept the faith." That is the mind choosing perseverance and the heart choosing love.

In our parish life, we need both. The mind helps us organize ministries, plan events, and steward resources wisely. The heart helps us welcome the lonely, comfort the grieving, and celebrate the joyful. The mind builds structure; the heart builds community.

This week, let us pray for the grace to listen to both. When the mind hesitates, may the heart encourage. When the heart feels overwhelmed, may the mind guide. And when we face decisions, may Christ—who perfectly unites wisdom and love—show us the way.

For in the Christian life, the mind seeks truth, but the heart teaches us how to live it.

PARISH LITURGIES

—30th SUNDAY IN ORDINARY TIME—

Tuesday October 27

8:30 am — **+ Lorna Wade**

Wednesday October 28 *St. Simon & Jude*

8:30 am — **Int. Ellen McCarroll**

Thursday October 29

8:30 am — **+ Guido Bardaro**

Friday October 30

8:30 am — **+ Gloria Matthews**

9:00 am — Eucharistic Adoration

—31th SUNDAY IN ORDINARY TIME—

Saturday October 31

4:00 pm — Reconciliation

5:00 pm — Reconciliation

+ Martina Clark, + Figueiredo Family, +Donato & Guissepina Ciaccia, + Florence & Alvin Jones, + Kit Kress

Sunday November 01 ***All Saints Day***

9:00 am — For our Parishioners

11:00 am — For our Parishioners

MASS INTENTIONS

Mass intentions are a great treasure of the Church and have a spiritual weight that is incalculable. As Pope Paul VI said, "The Mass is the perfect form of prayer!" One single Mass has more value than all the good works of men, because the Eucharistic Celebration is the work of God, Himself. If you would like to purchase a Mass Intentions for someone (living or deceased), please contact the parish office. The cost is $10.00 per intentions.

FLAME FINDERS - YOUTH MINISTY RETURNS!

FLAME FINDERS YOUTH MINISTRY

Join us for Flame Finders, our weekly parish youth ministry program for children in Grades 2-8 beginning Tuesday, October 20, at 6:30 p.m. at Saint Dominic School! Each week, children will grow in faith and friendship through fun activities, games, and virtue formation in a welcoming Catholic environment

Register today at: www.saintdominic.ca/youth or contact our Youth Minister, Michael at: michael@saintdominic.ca

FIRST COMMUNION & CONFIRMATION 2027

Registration is now open for children preparing to receive the Sacraments of First Holy Communion and Confirmation in 2027 at St. Dominic Parish.

Parents are invited to register their children online through the parish website at www.saintdominic.ca/sacraments

Sacramental Registration Deadline: March 1, 2027

Parent Information Nights

- **First Holy Communion**: Thursday, November 12, 2026 at 7:00 PM
- **Confirmation:** Thursday, November 19, 2026 at 7:00 PM

Parents are **expected** to attend the appropriate information nights to learn more about the sacramental preparation process, expectations, and important dates.

For questions or further information, please contact Michael, our Pastoral Minister, at michael@saintdominic.ca

"The one who loves me will keep my word and my Father will love him and we will come to him."

SANCTUARY LAMP

Our Sanctuary Lamp will be lit this week in Memory for Martina Clark and for the Intentions of Fidelis & Mary Ogiamien

MEMORIAL MASS AND BOOK OF LIFE

In remembrance of Saint Dominic's deceased parishioners, a special Memorial Mass will be offered on Wednesday, November 12th at 7:00pm. Refreshments will follow. All are welcome!

Prayers will be offered especially for those parishioners whose funerals were celebrated here between November 2025 - October 2026. Their names will be displayed on ribbons which will hang from the Memorial Candle in front of the Ambo beginning the weekend of October 31st and November 1st..

Also, on the weekend of October 31st and November 1st, we invite you to record names of your deceased family members or friends in our **Book of Life.** All of these people are remembered in each day's Mass during the month of November.

ANNUAL MEMORIAL MASS

The Annual Fall Memorial Mass will be held on Sunday, November 1, 2026 at 2:00 p.m. at Holy Sepulchre Cemetery in Burlington, Ontario. The principal celebrant and homolist will be Most Reverend Joseph Dabrowski, CSMA, Bishop of Hamilton.

RITE OF CHRISTIAN INITIATION OF ADULTS

Are you interested in exploring the Catholic Christian Faith through the journey of the R.C.I.A. process? R.C.I.A. stands for Rite of Christian Initiation of Adults. Through talks, instructions, prayer, and guidance; adults are led through a journey of understanding and accepting the Catholic Christian Faith. For more information, please contact Fr. Rohan Miranda or Brian Thornton at the Parish Office.

ALL SAINTS DAY MASS & RELIC EXPOSITION NOVEMBER 1, 2026 ST. ANN'S PARISH, ANCASTER

Join **St. Ann Parish** (11 Wilson St. W, Ancaster, ON) on **Sunday, November 1, 2026, at 11:00 AM** for the **All-Saints Day Mass**. After the Mass, explore a remarkable exhibit featuring over **150 sacred relics of the saints.** This is a unique opportunity to walk among the saints and spend time in prayer with relics of great spiritual significance, including the Passion Relics: the True Cross, the Crown of Thorns, the Holy Spear, and the Holy Nail of Jesus Christ. The exhibit will also feature a fragment of the Blessed Virgin Mary's veil and St. Joseph's cloak. Don't miss this powerful chance to draw close to our faith through these holy treasures. For more information, contact St Ann's Parish at **www.stannparish.ca or 905-648-6874**

CWL CHRISTMAS MARKET

Our Annual Christmas Market scheduled for Saturday, November 21st is the major fundraiser for our CWL. It enables us to offer special events and support worthy causes throughout the year.

We need your help! Our team is looking for items for our Silent Auction. If you are able to donate items such as gift cards, themes baskets, home decor items, sports memorabilia, Experiences or monetary donations that can be converted to gift baskets, we would love to hear from you..

We also welcome volunteers to assist with the Market. If you have time and energy to spare, please let us know. Contact Wendy Rutherford through cwl@saintdominic.ca or 905-464-2413

"I love you, O Lord, my strength."

HAMILTON DIOCESE PRAYER CALENDAR	
Monday, October 26	Very Rev. David Walter
Tuesday, October 27	Rev. Ron Cote
Wednesday, October 28	Voluntas Dei Institute, i.v.Dei
Thursday, October 29	Rev. William Meehan
Friday, October 30	Rev. Fulbert Jonas Ahouansou
Saturday, October 31	Rev. John Van Hees

ADVENT EVENING OF LIGHT

Join our **33 Days to Morning Glory** home retreat beginning November 5, with daily readings and prayer in preparation for marian consecration. A link to obtain the book and a Word document containing the retreat material are available on our parish website. If you need help securing a book, please speak with a committee member.

The retreat leads into our **Advent Evening of Light at St. Dominic Parish on Tuesday, December 8, 2026**, the Solemnity of the Immaculate Conception. **Please arrive at 6:45 p.m.** Surrounded by over 1,000 candles and our new Heart and Cross Pillars of Light, our **Hour of Grace** liturgy will include prayer, Scripture, music and reflection. Retreat participants will conclude their journey with the **Morning Glory Consecration Prayer** at the end of the liturgy.
Everyone is welcome, whether or not you participate in the retreat. A reception follows in the parish hall.

SAINT DOMINIC PARISH
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Pastor: Rev. Rohan Miranda, OCD
Deacon: Rev. Mr. Terry Murphy

Pastoral/Youth Minister: Michael Aguiar
Parish Accountant: Brian Thornton
Secretary: Mary Evans
Director of Liturgy: Judi Kingry
Custodian: Peter Coffey

Parish Office Hours: Tuesdays to Friday - 9:00am to 4:00pm
(Closed from noon to 1:00pm)

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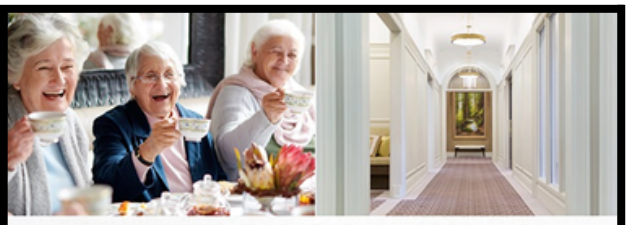

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